



FY2022 ANNUAL REPORT

Prepared by Wonhwa Warriors LLC



A Message from Founder & Executive Director Nikkia 'Coach Ky' Tisaby

Since 2021, Hu'Mend Network has been providing direct services by and for the BIPOC Birmingham, AL community. We aim to help destigmatize mental health and increase access to services. Since resurrectoring in the endemic phases of COVID-19 in 2021, Hu'Mend resumed operations by providing high quality, free to sliding scale holistic social-emotional life coaching, peer connection, suicide prevention tools, healing circles, and educational resources within the community. With the help of our community partners, we also provide referrals to mental health professionals for youth and their families. In the Black community, healing from trauma is a unique, intergenerational experience. Oftentimes, forgiveness is the needle that mends the soul. Thank you for your continued support of Hu'Mend Network and the greater BIPOC community throughout Birmingham, AL.

Warmest Regards,
Nikkia "Coach Ky" Tisaby, Founder & Executive Director

A Look Back at 2022

Client Demographics

- Total community members served: **50**
- 100% of the clients served identified as **Black/African American**
- Age Groups served: **18-50**
- Locations Served: **Birmingham, AL**
- Breakdown of Mental Health Resources & Services Provided in the Community
 - Screenings: **5**
 - Referred to assessment: **5**
 - Referred to support group **5**



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- Referred to community-based organization (organizations listed below): 4
 - **CBOS: Community Grief Support**
 - **Grayson & Associates**
 - **JBS Mental Health Authority**
 - **BetterHelp**

Donors, In Kind Donors Acknowledgements & Community Partners

- **Community Care Development Network \$1000.00**
- **Anonymous Individual Donors: \$700**
- **Birmingham Coalition for Student Mental Health**
- **Community Care Development Network**

Financial Report

- Revenue: \$772
- Fundraising & Contribution: \$150
- Operating Expenses: \$780.00

Thank you for supporting Hu'Mend Network as we continue the work to destigmatize mental health in the BIPOC Birmingham, AL community. For more information on Hu'Mend, our services, and how to get involved, reach out to us at:

www.humendnetwork.com

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Thank you for your support!